

Laban/Bartenieff Institute of Movement Studies, LIMS®

The Laban/Bartenieff Institute of Movement Studies, LIMS® is a non-profit educational organisation, centered in New York City, with a global network of movement professionals. LIMS has been training movement observers, teachers, and coaches for over thirty years. Their international network includes over 1000 Certified Movement Analysts (CMAs) who apply the movement analysis work in a diverse and ever-changing world, making a difference in the way people perform, communicate, observe, learn, and negotiate. LIMS is proud of the impact their graduates have on fields as diverse as health care, the performing arts, sports, education, diplomacy, leadership studies and communications.

From research on how children learn in the classroom to observation of and commentary on political candidates, from a neurophysiology-based movement programme for people with Parkinson's to movement-based interventions with women in remote villages, from conflict resolution to motion-capture projects, CMAs are making a profound difference globally.

LIMS® provide accreditation for the Edinburgh Certification Programme in Laban Movement Studies.

LIMS® Staff:

Regina Miranda	Chief Executive Officer/Director of Arts and Culture
Karen Bradley	President, Director of Research
Cheryl	Education Programmes Manager
Ana Leon Bella	Membership & Special Programmes Coordinator
Lorraine Benjamin	Financial Manager
Angela Wiele	International Students Advisor

Laban/Bartenieff Institute of Movement Studies

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Edinburgh Modular Programme

Core Faculty

Karen A. Studd MA, CMA, RSMT/ME has a Master's degree in Dance from University of Oregon in the USA and became a CMA, through the Laban/Bartenieff Institute of Movement Studies (LIMS). Studd is also a Registered Somatic Movement Therapist and Registered Somatic Movement Educator through ISMETA (International Somatic Movement Education and Therapy Association). For over twenty years Studd has served as a LIMS Program Coordinator and has taught in LBMS (Laban/Bartenieff Movement System) training programs in the US, Canada, Europe, Mexico, Israel and in China.

Karen has taught for the Dance Departments of the University of Oregon, the University of Wisconsin, George Washington University and George Mason, where she was a tenured faculty and teacher of dance technique, composition and somatics. While at George Mason she was also affiliated with the Center for the Advancement of Well-Being.

As a teacher of Movement Analysis, she is focused on personal and professional development through the awareness and experience of movement. Although she came to the Laban/Bartenieff work through the art of dance, Studd sees herself as movement educator/artist, and dance as a highly specialized area of application within the larger body of knowledge that is movement itself. Her interest is in the understanding of the importance of human movement across all disciplines. Studd is a co-author of *Everybody is a Body*, a text on the phenomenon of human movement. She is currently involved in research projects linking a somatic understanding of human movement to the domain of digital technology and robotics and in unpacking the components of human movement as they are linked to the experience and expression of emotion.

Laura L. Cox MA, CMA, RSMT/ME holds a Master of Arts degree in Dance and Dance Education from New York University. In addition Laura is also a CMA (Certified Movement Analyst) and RSME (Registered Somatic Movement Educator) and RSMT (Registered Somatic Movement Therapist) through the International Somatic Movement Education and Therapy Association. Currently she has a private practice in movement education and specialises in re-patterning the movement of clients suffering from chronic pain or injury. Her clients span the range from professionals in dance, sports and fitness to those with little or no movement experience. She is a teacher of dance technique, kinesiology and movement health and well-being and has served on the faculties for New York University, The University of Nebraska, Towson University and The University of Maryland. In addition to her private practice, she currently teaches for the Laban/Bartenieff Institute of Movement Studies and conducts workshops and seminars in movement awareness and health in the New England area. Laura is also an avid equestrian and has assisted in Therapeutic Riding programmes.

Assistants

Susan Scarth UKCP, RDMP, MCAT, CMA and Julie Chilvers BSc., CMA

Role of Assistants to the Faculty

Assistants to the Faculty play a unique and integral role in the Certification Programs at LIMS®. The role of an Assistant is to provide aid and professional expertise when required. Although specific responsibilities may vary depending upon the needs of Faculty and students, our Assistants continually prove to be an essential aspect of a successful Certification Programme.

Assisting in a Certification Programme is an unpaid position and Assistants attend classes based on a contractual commitment. For CMAs who wish to assist to deepen their knowledge or reconnect with the LMA/BF material, a minimum four-day commitment is requested. For CMAs who wish to teach in a LIMS® Certification Programme in the future, assisting in a complete Programme is a requirement. Please consider this opportunity to deepen your knowledge and gain teaching experience!